

Things to know before your first horseback riding lesson:

- We have helmets for students to borrow for their first time riding, however we do recommend buying an approved riding helmet and having it fitted to the rider at a tack store.
- Riders must wear a shoe or boot which has a clearly defined heel. This is a safety precaution that is commonplace in any stable.
- Riders should wear snug fitting pants or ideally riding breeches/johdpurs to make sure they do not rub or irritate their leg while riding. We do not recommend riding in shorts or pants which leave any part of the leg bare. Furthermore, pants with an inseam can cause rubs.
- **Where to purchase riding gear:**
 - **Dover Saddlery Online Store:** www.doversaddlery.com
 - **SmartPak Online Store:** www.smartpakequine.com
 - **Tack Warehouse** (retail store) located in Woodland
 - **Western Saddlery** (retail store) located in Pleasanton
 - **Dover Saddlery Moraga** (retail store) located in Moraga

Dover and Smartpak are the two websites with the best deals and widest variety of options in all price points for your equestrian needs! Dover has a kids section as well which is very useful for finding sizes.

If you do have any questions please do not hesitate to ask, we are happy to help!

We look forward to getting started with you on your equestrian journey!